

EMERGENCY ALERT CARD

I have Turner syndrome and
I am at risk for Dilation of the Aorta.

PLEASE CALL 911 IMMEDIATELY IF I HAVE COLLAPSED,
AM UNRESPONSIVE, HAVE SHORTNESS OF BREATH, OR
DEVELOP SUDDEN ONSET OF CHEST OR BACK PAIN.

▶ **CALL 911** ◀

Turner syndrome is associated with: Enlarged Ascending Aorta, High
Blood Pressure, Coarctation of Aorta and Bicuspid Aortic Valve.

I am at a greater risk for aortic dissection than the general
population, especially during pregnancy.

MY NAME:

EMERGENCY CONTACT:

EMERGENCY CONTACT'S PHONE:

MY PHYSICIAN:

MY PHYSICIAN'S PHONE:

MEDICATIONS / KNOWN HEART CONDITIONS / NOTES:

SYMPTOMS OF AORTIC DISSECTION

Can be variable, relatively minor, and nonspecific.

Chest pain is the most common symptom, but pain can also occur in **the back and/or the abdomen**. The pain may be described as severe or vague, constant or intermittent, migratory, tearing, tightness, or fullness. Other signs and symptoms can include **cardiovascular instability, pulselessness, parasthesia, paralysis, syncope**, or a sense that “something is terribly wrong.”

A normal X-ray does NOT rule out the possibility of aortic dissection.

The most definitive tests for aortic dissection are:

CT Scan • Transesophageal Echocardiogram • MRI

Choose one that is most readily available, and expertly performed and interpreted.

Please do not discount aortic dissection until it has been definitively ruled out.



Turner
Syndrome
Society
of the United States

11250 West Road, Suite G, Houston, TX 77065

Important information for medical professionals available. Please contact us today.

www.tssus.org | 800.365.9944

PLEASE NOTE: Women with TS require careful monitoring after any surgical procedure.